

# AHS WRESTLING- November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Coach Roberson - Cell: 618-541-9135

Coach Wade Lowe - Cell- 618-593-1262

Coach Roberson Office Direct- 618-474-6961

ALL PAPERWORK DUE PHYSICALS DUE NO PRACTICE	1 2 OFF
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3	4 OPEN MAT 3:30-5:00	5 OFF	6 OPEN MAT 3:30-5:00	7 OPEN MAT 3:30-5:00	8 OFF	9 OPEN MAT 9AM - 11:30AM
10	11 NO SCHOOL 1ST OFFICIAL PRACTICE! All attend 4pm - 6pm	12 PRACTICE: 3:30-5:30	13 PRACTICE 3:30-6:00	14 PRACTICE: 3:30-6:00	15 PRACTICE 3:30-6:00	16 ALL PRACTICE 9AM-11:30
17	18 PRACTICE 3:30-6:00	19 PRACTICE 3:30-5:30 New Parent Meeting 6-7pm Rm. B311/Pizza	20 PRACTICE 3:30-6:00	21 PRACTICE 3:30-5:30 Returning Parent Meeting 6-7pm Rm.B311/Pizza	22 TEAM PICTURE PRACTICE 3:30-6:00	23 WRESTLE OFFS/ SCRIMMAGE 12:00 NOON GYM
24	25 PRACTICE 3:30-6:00	26 Early Dismissal from school 1:15 PRACTICE: 1:30-4:00	27 NO SCHOOL PRACTICE 9AM-11:30	28 THANKSGIVING DAY NO SCHOOL NO PRACTICE	29 NO SCHOOL JV Practice 10-Noon Varsity Practice 4pm - 6pm	30 Varsity @Moline Bus 5:30 AM JV @ Jax.Tourn Bus 6:30 AM

# AHS WRESTLING-December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 PRACTICE: 3:30-6:00	3 PRACTICE: 3:30-6:00	4 PRACTICE: 3:30-6:00	5 ALL-HOME MATCH VS. ESL WEIGH IN 5:00 Wrestle - 6pm	6 Freshmen at Granite City Tourn. Bus 2:00 Start- 4:00pm Vars/JV Practice 3:30-5:00	7 Vars. at Morton Bus- 5:30 AM Start- 10 AM NO Practice
8	9 PRACTICE: 3:30-6:00	10 Vars/JV PRACTICE: 3:30-6:00 Freshmen at Eville Duals Bus-2:45 Start- 5 PM	11 PRACTICE: 3:30-6:00	12 PRACTICE: 3:30-5:30	13 VARS. AT COLL QUAD Bus-2:45 Start- 5:30pm Fr/JV Practice 3:30-5:30	14 Frosh/Soph at Coll. Tourney Bus-6:30AM Start- 8:30 AM Vars. Practice: 10AM-Noon
15 ALL WORK Little Redbird Tourney at AHS Gym 8:30 am	16 PRACTICE: 3:30-6:00	17 Frosh at Eville Duals Bus 2:45 Start- 5 pm Vars. Practice: 3:30-5:30	18 FINAL EXAMS Vars. at CM-Bethalto Quad/Bus-3 pm Start 5pm Fr/JV Practice: After finalsTBA	19 FINAL EXAMS All to Collinsville Dual Bus- 3:30 Start- 6pm	20 Vars. at Mascoutah Tourn. 4pm Bus- 1pm F/JV Practice: tba after finals	21 Vars. at Mascoutah Tourney- 8AM Bus 5:30 AM NO PRACTICE
22 NO SCHOOL ALL PRACTICE 9AM-11:30	23 NO SCHOOL ALL PRACTICE 8AM-10AM	24 NO SCHOOL ALL PRACTICE 8AM-10AM	25 X-MAS DAY NO PRACTICE	26 All Practice: 9am-11am Vars. only 3-5	27 Vars. at Grantie City Tourney Bus- 7 AM Start- 9:30 am JV Practice: 10am-Noon	28 Vars. at Granite City Tourney Bus- 7 AM Start - 9:30 AM JV at Spring,SE Tourn/Bus-6:30am Start- 9AM NO Practice
29	30 OFF NO PRACTICE	31 ALL PRACTICE: 9AM-11:30Am	Coach Eric Roberson- Cell: 618-541-9135 Coach Wade Lowe: Cell: 618-593-1262 Coach Mark Whitaker: 618-823-8861			

# AHS WRESTLING- January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Coach Eric Roberson- 618-541-9135 Office Direct to Roberson, 474-6961 Coach Wade Lowe- 618-593-1262 Coach Mark Whitaker- 618-823-8861			1 NO SCHOOL NO PRACTICE	2 NO SCHOOL ALL PRACTICE 3-5:30	3 NO SCHOOL ALL PRACTICE 3-5:30	4 ALL PRACTICE 10AM-NOON
5 NO School for students: Teacher Inservice Day ALL PRACTICE 3:30-5:30	6 NO School for students: Teacher Inservice Day ALL PRACTICE 3:30-5:30	7 Back To School PRACTICE 3:30-6:00	8 PRACTICE 3:30-6:00	9 PRACTICE 3:30-6:00	10 Varsity leave for Geneva at Noon JV at Granite Toun. JV Bus- 2:45 Start- 4:30	11 Vars. at Geneva Tourny Start 9 AM NO Practice
12 PRACTICE: 3:30-6:00	13 PRACTICE: 3:30-6:00	14 Freshmen at Eville Duals Bus- 2:45 Start- 5 pm JV/V Practice: 3:30-5:30	15 PRACTICE: 3:30-6:00	16 Vars. at Eville Quad. Bus- 3:00 Start- 5 pm FR/JV Practice 3:30-5:00	17 PRACTICE 3:30-5:30	18 Vars. at Kirkwood Quad Bus- 6:30 am Start - 9 am NO Practice
19 NO SCHOOL Martin Luther King Day PRACTICE: 9AM- 11:30AM	20 NO SCHOOL Martin Luther King Day PRACTICE: 9AM- 11:30AM	21 PRACTICE: 3:30-6:00	22 Home Match vs. Quiney/Triad Weigh IN- 5:00 Start 6pm JV Practice 3:30-5:00	23 ALL TO OFALLON BUS- 3:30 START- 6PM	24 Vars. to MICDS Tourn./ Times TBA JV Practice: 3:30-5:30	25 Vars.at MICDS Tourn. Frosh at Ofallon Frosh Tourn. Girls to Thrasher Tourn.
26 PRACTICE 3:30-5:30	27 PRACTICE 3:30-5:30	28 PRACTICE 3:30-5:30	29 Early Dismissal For students 1:15 HOME MATCH vs. Bell. East Light Workout at 1:45	30 HOME MATCH VS. ROXANA weigh-In- 5pm Start - 6pm	31 PRACTICE 3:30-6:00	

# AHS Wrestling-February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Coach Roberson- Cell- 618-541-9135 Coach Roberson - Office Direct- 618-474-6961 Coach Wade Lowe - Cell- 618-593-1262 Coach Whitaker - 618-823-8861						<sup>1</sup> JV at SWC Duafs @BW Bus- 6:30am Start- 9am Vars. Practice 9am-11am
2	3	4	5	6	7	8
	ALL PRACTICE 3:30-5:30	ALL PRACTICE 3:30-5:30	ALL PRACTICE 3:30-5:30	ALL PRACTICE 3:30 TO 5:30	ALL PRACTICE 3:30-5:30	VARS. AT IHSA REGIONALS TBA
9	10	11	12	13	14	15
	ALL PRACTICE 3:30-5:30	ALL PRACTICE 3:30-5:30	ALL PRACTICE 3:30-5:30	ALL PRACTICE 3:30-5:30	VARS. TO IHSA SECTIONALS QUINCY	VARS. TO IHSA SECTIONALS QUINCY
16	17	18	19	20	21	22
NO SCHOOL PRESIDENTS DAY PRACTICE 10am - noon		PRACTICE 3:30-5:30	PRACTICE 3:30-5:00 LEAVE FOR STATE	IHSA STATE TOURN. U OF ILL	IHSA STATE TOURN. U OF ILL	IHSA STATE TOURN U OF ILL
23	24	25	26	27	28	29
	Fr/Soph PRACTICE 3:30-5:00	FR/SOPH PRACTICE 3:30-5:00	Early Dismissal for students NO Practice	FR/SOPH PRACTICE 3:30-5:00	FR/SOP PRACTICE 3:30-5:00	NO PRACTICE Fr/Soph Regionals on Sunday, 3/1